

## Support Room Response Tips

- I'm glad you came in. I'm sorry this has happened to you.
- When did you first learn about (event/person's death)?
- Yes, what happened is terrible. Things may never seem the same, but can be OK again.
- Did you know \_\_\_\_\_ or are you feeling sad about another death?
- I didn't know \_\_\_\_\_. What will you miss most?
- What is the most painful part about this right now?
- Who is your support system? What's helped you in the past?



# Threat Management Resources

• RECOVERY

## **AVOID these Responses:**

- I know how you feel.
- They led a good, long life.
- This was God's will (or similar platitudes).
- At least they didn't suffer. They're in a better place.
- They wouldn't want you to suffer.
- You'll feel better later. Stay strong!

©2016 Chemeketa Community College  
rebecca.bolante@chemeketa.edu

Chemeketa



Community College