

The new Disaster Behavioral Health Center, in partnership with SERV-OR, is providing

Psychological First Aid Training



Ronald Glaus, PhD,
Forensic and Disaster
Behavioral Health Psychologist,
Private Practice at Survival Psychology, LLC

March 20, 2017

9:00 a.m. – 5:00 p.m.
8 CEUs

Psychological First Aid

Chemeketa, CCBI Rooms 102/103*
\$125 (Book & lunch provided)
[https://www.research.net/r/
PFAMarch202017](https://www.research.net/r/PFAMarch202017)

April 21, 2017

9:00 a.m. – 5:00 p.m.
8 CEUs

PFA – Train-the-Trainers

Chemeketa, CCBI, Room 101*
\$125 (Book and lunch provided)
[https://www.research.net/r/
PFATrainerApril212017](https://www.research.net/r/PFATrainerApril212017)

May 12, 2017

9:00 a.m. – 5:00 p.m.
8 CEUs

Psychological First Aid

Chemeketa, CCBI Rooms 102/103*
\$125 (Book and lunch provided)
[https://www.research.net/r/
PFAMay122017](https://www.research.net/r/PFAMay122017)

* Chemeketa Community College,
Center for Business & Industry
626 High St. NE · Salem, Oregon

Psychological First Aid (PFA) training follows the curriculum as developed by the National Child Traumatic Stress Network (NCTSN) and The National Center for PTSD (NCPTSD) funded by the Substance Abuse and Mental Health Administration (SAMHSA) and the U.S. Department of Health and Human Services (HHS) and the National Association of County and City Health Officials (NACCHO).

PFA is an evidence-informed modular approach to help individuals in the immediate aftermath of a disaster and terrorism to foster short and long term adaptive functioning. PFA can also be provided to first responders and other disaster relief workers. PFA is not mental health therapy but is a “supportive intervention” delivered by both mental health professionals and disaster response workers who have completed an 8 hour PFA certification course.



Threat Management Resources

• DISASTER BEHAVIORAL HEALTH

Threat Management Resources is dedicated to the prevention of, reaction to, and recovery from targeted violence and disasters. We are committed to promoting best practices on threat management for our communities.

Psychological First Aid Training

Chemeketa Community College, Center for Business & Industry, 626 High St. NE · Salem, Oregon

Agenda Topics

- What is Psychological First Aid
- Who provides PFA and who is the target audience
- Where should PFA be used
- Strengths of PFA
- Guidelines for delivering PFA
- Behaviors to avoid in delivering PFA
- Working with special populations (children, older adults, survivors with disabilities, cultural and ethnic considerations, etc.)
- Preparing to deliver PFA and provider self-care
- The 8 Core Actions of PFA:
 - Contact and Engagement
 - Safety and Comfort
 - Stabilization
 - Information Gathering
 - Practical Assistance
 - Connection with Social Supports
 - Information on Coping
 - Linking with Collaborative Services

SERV-OR

State Emergency Registry of Volunteers in Oregon

Discover
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Community College



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